The officers of the Appomattox Senior Chapter, Future Homemakers of America, are shown making plans for National F.H.A. Week, March 31 - April 6, 1974. Officers, left to right above, are Kathy O'Brien, Chaplain; Grace Ranson Reporter; Gay Honeycutt, Secretary; Kay Stratton, President; Nancy Winston, Historian; Carla Varner, Federation President; Pam Chenault, 2nd Vice-President; and Debbie Morrell, 1st Vice-President.

FHA Officers Plan For FHA Week

The officers and advisors of Appomattox County High School Senior Chapter Future Homemakers of America have planned a very eventful week of March 31 - April 6, 1974, when National Future Homemakers of America Week will be observed.

On Sunday, March 31, members of the local F.H.A. chapter will attend the church of their choice with their families.

Future Homemakers at ACHS will be publicizing F.H.A. Week on two radio stations. Each morning, they will be heard on WACHS, a radio program in the high school. During the week, at 4:00 p.m. each day, F.H.A. members will be broadcasting from radio station WFLO in Farmville.

On Tuesday, F.H.A. members will attend the spring meeting of the Campbell-Appomattox Federation, Future Homemakers of America at Brookville High School in Lynchburg.

Wednesday, during school, members led by Kay Stratton, chapter president, will hold their monthly meeting in the school cafeteria.

Thursday will be observed as "Be Nice to Teacher Day." Members will bring homemade baked goods to the teacher of their choice. On Thursday afternoon, several members will be featured on WLVA television. The annual Mother-Daughter Banquet will be held on Thursday evening at 6:30 p.m. in the school cafeteria for all members and their mothers.

The last activity of the week will be carried out on Saturday, when each F.H.A. member will be responsible for preparing a meal for her family.

Future Homemakers of America is a vital part of home economics education. Members are able to establish roles that foster better development in their home and family life.

S.C.A. News

The March meeting of the Appomattox County High School Student Cooperative Association was held on March 20, 1974. President Patsy Hughes called the meeting to order and the Chaplain, Teresa Smith, gave devotions. Carolyn Winston, secretary, called the roll and read the minutes of the last meeting. The minutes were approved.

Under discussion of old business, Patti Clements gave a report on the doughnut sale and Al Johnson reported on S.C.A. elections. Patti reported that we had earned about $20.00 on the doughnut sales after debts and that the sales would end next week. Al reported that the primary election ballots for the 1974-75 S.C.A. officers had been received and would be tabulated. He reported that campaigning would take place on March 25-27 and that speeches and final elections would be held on March 28. Elections for upcoming sophomore officers is being held at Appomattox Intermediate School simultaneously.

Regrading the school parking lot and helping the sociology classes with an ecology project were the items under new business. After discussion on the parking lot, the S.C.A. appointed Tye Beasly to look into securing the help of the agriculture department to regrade the lot. It was suggested that the S.C.A. help the sociology classes with an ecology program and project during Earth Week, April 1-7. Teresa Smith was appointed to be chairwoman of a committee to carry out this suggestion.

Since there was no additional business, the meeting was adjourned by Patsy Hughes, President.

Rita Inge, S.C.A. Reporter

Mental Health Program Set For April 3rd

Topics relating to mantal health and the feeding of the elderly will make up the program for the fifth-grader Lynchburg Regional Health Forum to be held in the auditorium of Virginia Baptist Hospital in Lynchburg at 10:00 a.m. on Wednesday, April 3, 1974. The Forum is being co-sponsored by the State Women's Committee of the Virginia Farm Bureau Federation and the Virginia Council on Health and Medical Care.

Dr. Dorothy Rowe, head of the Department of Home Economics at Madison College in Harrisonburg, will speak on "Feeding for the Elderly." Ms. Sue Holland, Associate Minister of the Euclid Christian Church of Lynchburg, will speak on "Being a Bread Winner in Life."

Mrs. Ocie M. Mack of Lynchburg, Extension Agent of the Cooperative Extension Service of Virginia Polytech-Service of Va. Polytechnic Instite & State Univ., will preside at the Forum. The invocation will be given by the Rev. Hugh M. Burleigh, a former Methodist of Lynchburg. Betty L. Walters, Chrmn. of the State Women's Committee of the Va. Farm Bureau and Edgar J. Fisher, Jr., Director of the Virginia Council on Health and Medical Care.

The publc is invited and encouraged to attend the Forum, which will adjourn at 12:30 p.m.

CCJ Meeting Set For April 4th

The Virginia Council on Criminal Justice will meet for the first time in the state's western area, with its next monthly session set for April 4 in Lynchburg.

The meeting will start at 9:30 a.m. in the Lynchburg Board of Education building, 1001 Court Street.

Sessions of the criminal justice supervisory group are taking place periodically in different parts of Virginia, explained Richard N. Harris, executive director of the Council and director of its administrative agency, the Division of Justice and Crime Prevention. Previous meetings away from Richmond have been in Fairfax County and Virginia Beach.

Regular CCJ meetings are the first Thursday each month at the State Capitol. The May and July sessions, however, are scheduled the second Thursdays.

Harris said the Council will convene in Lynchburg to enable citizens of the western area to attend more easily and observe it in action. The public and news media are invited to hear the discussions and see its procedure of awarding grants for local criminal justice programs, Harris added.

The Lynchburg session will also give Council members an opportunity to meet criminal justice personnel of the area and get on-the-scene views of projects to which it has given funds during the part five years, the DJCP director and Council official pointed out.

The Council gives grants each month to localities and state agencies for various criminal justice activities, including law enforcement, courts, prosecution, corrections, and juvenile delinquency prevention and treatment.

The CCJ, designated as Virginia's criminal justice coordinating and policy-making body, carries on its day-to-day operations through the Division of Justice and Crime Prevention. The DJCP receives applications for criminal justice projects--mostly on the city, town, and county levels--and processes them for presentation to the supervising Council. The CCJ members decide whether to approve, deny, or defer the applications or to take other actions.

In addition to awarding grants--ranging from $100 to half a million dollars or Council decides policy questions, initiates studies, adopts recommendations, considers appeals or revisions of previous decisions, and acts on a variety of other matters.

The CCJ's monthly grants combine state money appropiated by the General Assembly with "block" funds given to the DJCP annually by the Law Enforcement Assistance Administration (LEAA), a branch of the U.S. Justice Department. The current fiscal year's block allocation was $10.8 million. An additional $1.3 million came to Virginia for the CCJ to award to state and local agencies for special correctional programs.

Most grants require a matching amount of at least 10%, with 90% of the awards coming from the annual block allocation. The matching funds normally are divided equally between local money and state general fund appropriations administered by the DJCP.

The state's appropriation to the DJCP, used for 5% "buy-in" matching funds along with the CCJ awards and local cash matches, was $1.1 million for the present fiscal year.

In addition, the LEAA awards a few grants directly to applicants in Virginia for particular types of programs from a federal "discretionary" fund. The local applications are channeled through the DJCP for endorsement by the state Council, and the money is also funneled throught the Virginia criminal justice agency.

Cooperation between the CCJ, DJCP, and LEAA is based on the federal Crime Control Act of 1973, along with state legislation. The Crime Control Act, passed last August, replaced the Omnibus Crime Control and Safe Streets Act of 1968.

The CCJ awards its grants on criteria spelled out in an annual comprehensive plan for criminal justice programs. The yearly plan deals with all portions of the state and local criminal justice system, including police and sheriffs, courts, Commonwealth's attorneys, jails and other correctinal agencies, and juvenile delinquency prevention and treatment efforts.

Applications from local governments are also required to meet the provisions of regional criminal justice plans developed by Virginia's 22 planning district commissions, and they are reviewed by regional criminal justice advisory groups before final action by the state Council.

Criminal justice planners in all 22 districts assist local agencies in surveying their needs, formulating the annual regional plans based on local requirements, developing applications for CCJ funds, and coordinating criminal justice projects. Several cities also have criminal justice planners on their administrative staffs.

STONEWALL EXTENSION HOMEMAKERS CLUB

The March meeting of the Stonewall Extension Homemakers Club was held in the home of Mrs. Hallie Roope with the ten members and one guest, Mrs. Shirley Walton. Mrs. Roope led the devotions, and Mrs. Helen Routon read a poem.

The "Pennies for Friendship" were taken, the roll was called, the minutes were read and approved and the Treasurer's report was given.

The President explained that "Nickles for National" would be nation-wide, and the money collected would go to help certain club members attend national conventions. The motion was made, and seconded, to have our club participate, and a collection for this was taken.

Mrs. Routon told us that the Lynchburg Garden Week was April 22, 1974 and several members expressed a desire to take the tour.

Susie Krantz reported on the cards that she had sent.

The location of the August picnic was discussed.

Mrs. Walton explained the idea of the Information and Referral Center of Central Virginia. We discussed the District III meeting in Nelson, on April 17th. Mrs. Walton also discussed the Home Furnishings Forum, to be held in Lynchburg on April 25th; she also reminded us of the TV program Saturday morning on Channel 13.

The Fireman's Carnival was discussed, with members volunteering to furnish pies, and to help serve the supper.

Information on the "Defensive Driving Course for Women" was given by Susie Krantz. The dates for this 8-hour course will be April 16, 18, 23, 25.

Mrs. Routon reminded the club members of the Virginia Baptist Hospital on April 3rd.

The program for the April meeting, which will be held at the home of Annette Alvis, will be "Counting Calories."

Mrs. Inez Foster presented the Federation program on "Driveway Entrances," she gave some very interesting examples.

We recited the HOmemakers Creed and Prayer; then Mrs. Frances Gilliam presented the program, "Decorating with a Flair."

When we adjourned, our hostess served delicious refreshments.

Eleanor Stratton, Secretary

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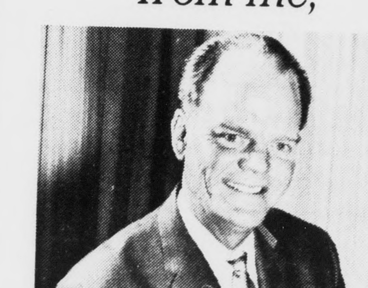

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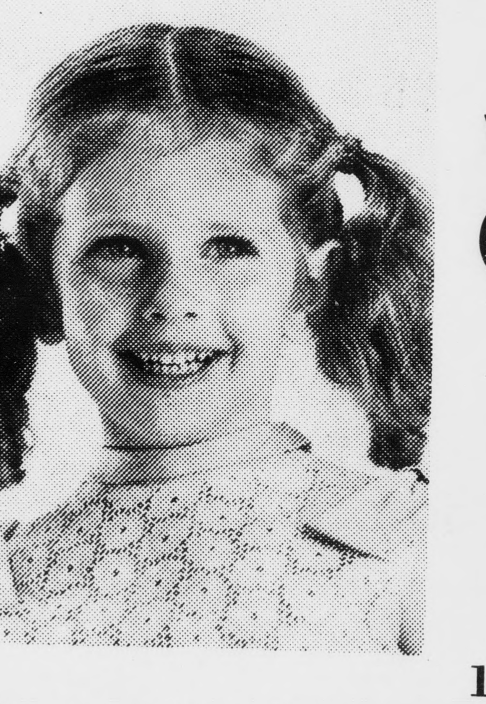

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...canned fish in its ...expensive form. Light ...costs less than albacore ...una; the chunks cost less than ...solid pack. Medium Red, Silver, Pink, Chum, and Keta salmon are less expensive than Sockeye, Red, Blueback, King and Chinook varieties.

Substitute less - costly varieties of fresh fish in most recipes calling for sale, flounder, haddock and cod. Greenland turbot, ocean perch, pollack (Boston Blue-fish), whiting (silver hake or white hake) are equally nutritious, cost less.

Save the liquid from salmon or tuna and use it to make the sauce for the fish; it will add flavor. However, taste the sauce before you add the salt.

Note: More information on food shopping next week.

Recipe of the Week
Qucik Cobbler

Melt one stick margarine in 6 x 9 pan or a 2-quart baking dish. Mix together:
... cup sugar
... cup flour (self-rising)
1 cup milk

Pour mixture into pan and sprinkle 1 can of blackberries on top. Bake 350° till done.

Note: Other canned, fresh or frozen fruit can be used in place of blackberries. Cherries and blueberries are very tasty used this way.

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Rocks

March 25 - It was quite cold over the week end and snow is predicted.

Mr. and Mrs. Toby Inge called to see Mr. and Mrs. Glenn McIntosh and girls Monday night.

Glenn McIntosh entered Lynchburg General Hospital Tuesday for an operation on Thursday.

Melinda McIntosh was rushed to Lynchburg General Hospital Tuesday and operated on that night for appendicitis.

Mrs. Aulden Roach, Mrs. Helen Inge, Cassie Baldwin, Mrs. Ethel St. John and Mrs. R. Smith attended the State W.M.U. Meeting in Richmond on Wednesday.

Rita Inge spent Tuesday night with Teresa McIntosh.

Mrs. W. R. Moore returned home from Kansas City, Mo. on Wednesday.

A speedy recovery is wished Mr. Leroy Marks, who will leave the hospital today. He is a brother of Mrs. S. E. Ranson.

Mrs. Flora Dickerson spent Thursday with Mrs. Roy Keys and Ricky.

Melinda McIntosh returned home Friday from the hospital much improved.

Mr. and Mrs. Glen Martin and Mr. and Mrs. Fred Martin attended the funeral of Mrs. Ruth Maxwell of Richmond on Friday.

The Rocks Extension Home Makers Club will meet with Mrs. Louise Roach on April 4 at 7:30 p.m.

The W.M.U. Group I Meeting and Workshop wil meet at Glenn Memorial Church at Prospect on April 2nd at 7:30 p.m.

Mr. and Mrs. Wilson Almond spent the week end with Mr. and Mrs. Kyle Almond of Monterey.

Mr. and Mrs. Earl Shelton and Ricky joined them on Saturday. They returned home Sunday.

Mrs. Lewis Harris and Amy returned home Saturday after being in the hospital for a week. A speedy recovery is wished little Amy.

Mr. and Mrs. Hughes Marks of Richmond and Mrs. Charlie Perdieu and Cathy of Lynchburg were visiting Mr. and Mrs. S. E. Ranson Sunday afternoon.

Mrs. Clara Dudley has returned to her home in Lynchburg after spending sometime with Rev. and Mrs. W. H. Elder.

Sympathy is extended the Allen family in their bereavement.

Joann Elder of Bluefield College is at home for a spring break with her parents, Rev. and Mrs. W. H. Elder.

Viola Wayne entered Lynchburg General Hospital on Wednesday.

Mr. and Mrs. Clarence Richardson and Mrs. Lloyd Richardson were in Lynchburg Thursday afternoon. While there they stopped by to see Melinda McIntosh and find out about Glenn McIntosh at the hospital.

Mrs. Naomi Pankey was rushed to the hospital Saturday and died that night. Sympathy is extended the family.

Viola Wayne is back home from the hospital. A large crowd came out Sunday morning to hear Rev. Bruce Newby of South Carolina, who brought a fine message.

Easter Sunrise Service at Old Rocks on Easter Sunday.

BIRTHDAY LIST

Florence M. Patterson	April 8
W. A. Harvey	April 1
James A. Conner	April 2
Priscilla Wooldridge	April 5
Michael Williams	April 7
Viola Wayne	April 7
Carolyn Elder	April 7
Ed Jamerson	April 8
Thelma Grishaw	April 10
Rachel Robertson	April 11
Clarence Richardson	April 11
Timmy Almond	April 8
Jane Almond	April 15
Joe Almond	April 22
Mary Ann Lewis	April 19
Robert D. Paulette	April 23
Roger Meadows	April 24
Karen Smith	April 11
Helen Inge	April 22

District PTA Sets Annual Meeting

The Lynchburg District Parent Teacher Association will hold its annual meeting Tuesday, April 2, 1974, at Amelon Elementary School in Madison Heights. This will be a dinner-business meeting with registration beginning at 5:30 p.m.; dinner will be served at 6:30 p.m. and the business meeting will start at 7:15 p.m.

The purpose of this meeting is to present a program emphasizing a specific part of the State and National Action Program. The program this year will be title "The School Family as It Relates to Behavioral and Learning Difficulties." The speakers will be Dr. W. D. Richards, Physchiatrist, and Dr. E. H. Hancock, Pediatrician.

All members of the PTA's in the Lynchburg District are urged to attend this very important meeting.

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Stonewall

If we ask anything according to His will, he heareth us. I John 5:14.

The whole community was saddened by the passing of Mrs. Lucille Burnett last week. She was a devoted church member of Hebron Baptist Church and her family and a host of her friends. We will be richer for her life touched ours. Now may we strive to meet her in heaven.

Mrs. Elsie and Nina Caldwell and Mr. Ronnie Jones were dinner guest of Mr. and Mrs. I. B. Wheeler Sunday. In the afternoon Mrs. Barbara Jordon, Mr. and Mrs. Keny NIxon, Bobby and Linda from Lynchburg.

The Nixon family and Mrs. Barbara Jordon visited The Caldwells late Sunday afternoon.

We were glad to have Mr. Glen Drinkard, Mrs. Alma Jennings and Mrs. Elsie Burnett at Hebron Sunday. Rev. Moore preached a fine sermon. We are fortunate to have such a fine young man.

Mrs. Bob Harris and will spent day with her mother Mrs. Nina Caldwell Saturday.

Mrs. Helen Stratton visited her Brother, Hubert Scruggs Sunday. He had a birthday on Monday. Many more years is our wish for him.

Mr. Bert Stratton had a birthday on March 18. His children were all there on Sunday and on Tuesday. Mr. and Mrs. Howard Elder of Richmond, Mr. and Mrs. Melvin Stratton of Appomattox came to visit him. So hope he has many more.

Mr. Jim Herndon is not so well. Do wish he could get well and be able to go places.

Mrs. Hazel Gallespie went to Big Island on last Tuesday and spent the night with her cousin. She visited her cousin, who is ill, on Wednesday in the hospital in Lynchburg General Hospital.

Miss Ivy Tabor spent Sunday with Miss Connie Krantz.

Mrs. J. L. Harrison is getting on fine went to the doctor Tuesday and she has to keep the cast on her knee three more weeks. She visited her father Saturday night.

Mrs. Leighton Haley of Roanoke spent the week end at The Davidson home. Mr. Osborne and Mr. Crawford are both doing fine now.

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Hollywood

Mr. and Mrs. Bennett Gilliam of Farmville, Mr. and Mrs. Robert Coleman and Rev. and Mrs. Otis Smith spent Wednesday with Mrs. W. T. Covington.

Congratulations to Mr. and Mrs. Jackie Woodall of Spout Spring! A baby girl, Windy Elizabeth, was born to them Friday at Virginia Baptist Hospital.

The WMU of Hollywood Baptist Church held their Home Mission program with Mrs. Raymond Franklin Wednesday. We had a wonderful meeting and everyone enjoyed the fellowship in this home.

We were very sorry to hear of the death recently of Mrs. Maud Cawthorn Smith. Deepest sympathy is extended her loved ones.

Mr. and Mrs. Thomas Woodall and Lisa spent the week end with Mrs. Charlie Bagby.

Mr. and Mrs. L. H. Watson visited Miss Susan Irby at Fishersville Sunday afternoon.

We were very sorry to hear of the death Saturday of Mrs. Everette Pankey of Pamplin. Deepest sympathy is extended her loved ones.

Mr. and Mrs. W. H. Wingfield visited Mr. F. O. Covington, Mr. and Mrs. C. R. Woodall and family and Mr. and Mrs. Frank Woodall of Lynchburg Saturday night.

Rev. and Mrs. Otis Smith spent the week end in North Carolina with their son and daughter-in-law, Mr. and Mrs. Carlton Smith and family.

Mrs. Joan Mayberry and Mr. and Mrs. Kenneth Deaner and family visited Mr. and Mrs. W. H. Wingfield and family Friday night.

Mr. and Mrs. Thomas Woodall and Lisa visited Mr. & Mrs. C. R. Woodall and family and Mr. F. O. Covington of Lynchburg who has been ill since October, was moved to a nursing home in Marrietta, Ohio last week. Mr. Covington will go later. They are moving there to be near their two daughters and their families.

Jordan News

The Senior Choir will meet Thursday at 7:30 p.m.

The Sunday School will meet at Morning Star this Sunday morning with the Sunday School Union.

On Sunday night at 7:00 p.m. there will be a talent program held here. Come out and support our local talent.

The Gospel Harmonettes wish to thank all your friends for coming out and supporting them on their 2nd anniversary.

Our deepest sympathy goes out to the McCoy and Patterson families.

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